

Registered  
Polysomnographic  
Technologist on Staff

Sleep Studies, Consultations, Homestudies and CPAP Clinics

Respiratory  
Therapist  
on Staff



Dr. Sever Surdulescu, Medical Director (Lake Norman Pulmonary & Critical Care Spec.)

Board Certified in Sleep Medicine

www.piedmontsleepcenter.com

**H** 1070 Lenoir Rhyne Blvd. SE  
Hickory, NC 28602  
(Lower Level of Eye Care Center)  
Phone: (828) 322-3111  
Fax: (828) 322-3160

302 Mulberry St. SW  
Lenoir, NC 28645  
(across from Caldwell Memorial)  
Phone: (828) 322-3111  
Fax: (828) 322-3160

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**SCREENING TEST FOR SLEEP APNEA AND OTHER SLEEP DISORDERS**

*\*This is for educational purposes only. Please see your physician for an evaluation of Sleep Apnea.\**

Obstructive Sleep Apnea (OSA) is a life-threatening sleep disorder, which left untreated may lead to Congestive Heart Failure, Stroke, High Blood Pressure, Depression, and other conditions.

**Take this simple Quiz to see if you may be at risk for Sleep Apnea:**

1. Do you snore?
2. Do you wake up feeling tired and unrested?
3. Do you frequently awaken with headaches?
4. Do you fall asleep at inappropriate times?
5. Have you ever been told that you stop breathing while you sleep?
6. Do you wake up gasping for air, or choking?
7. Are you overweight?
8. Do you have, or have you ever had, congestive heart failure?
9. Do you have high blood pressure?

*If you answered "Yes" to 2 or more of these questions, you may be at risk for Sleep Apnea, a serious sleep disorder, which can easily be treated.*

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Work \_\_\_\_\_

Primary Physician \_\_\_\_\_

Physician's Phone \_\_\_\_\_

**\*\*\*I give Piedmont Sleep Center permission to call me and fax this information to my primary physician for a consultation.\*\*\***

Signature \_\_\_\_\_

\*\*\*\*\*

**Please print this and take to your physician or fax to our office at (828) 322-3160 or call us at (828) 322-3111. You can also email this form to acw@piedmontsleepcenter.com.**

**We accept Medicare and Medicaid and most major insurances.**